



Youth-Centered Health Care Learning Community Events, 2016-2017

YOUTH-CENTERED HEALTHCARE is a framework that weaves together quality clinical care done in a way that connects with and meets the needs of young people.

- Accessible
- Fosters open communication
- Provided by staff skilled in fostering health promotion, risk reduction & healthy development
- Based on evidence-based clinical guidelines
- Offered in ways that protect confidentiality
- Provided in spaces and ways that are welcoming to young people
- Engages youth in their care

The Youth-Centered Health Care Learning Community provided an opportunity for state MCH professionals and partners to explore the myriad of ways to collaboratively improve health care for youth (age 10-25) with the goal to create care that centers on youth. A series of virtual case studies, discussions and expert presentations explored clinic quality improvement, confidentiality, healthcare provider/staff training, youth healthcare literacy, working with FQHCs and community clinics, partnering with youth, statewide partnerships, and more.

LEARNING COMMUNITY OVERVIEWS

Healthcare 101: Healthcare System for Adolescents & Young Adults (an overview) (2016)

- [Archived Recording](#)
- Resource: [Overview of the U.S. Health Care System resources](#)

Healthcare 101: State Partnerships for Healthcare Quality Improvement (2016)

- [Archived Recording](#)
- Resource: [Healthcare 101: State Partnerships Powerpoint](#)
- Resource: [State Improvement Projects, Performance Measures and Incentives Promoting Children's Preventive Services, National Academy of State Health Policy.](#)
- Resource: [National Improvement Partnership Network: State-Based Partnerships That Improve Primary Care Quality](#)

Healthcare 102: Clinical Quality Improvement: What is Public Health's Role in Adolescent & Young Adult Healthcare? (2017)

- [Archived Recording](#)
- Resource: [Healthcare 101: Clinic QI PowerPoint](#)
- Resource: [Adolescent & Young Adult Health Measures: Menu of Options for Practice-Based Quality Improvement](#)

RELATED STATE EXAMPLES

Ohio TALK (Transforming Adolescent Care Learning Collaborative) (2017)

- [Archived Recording](#)
- Weblink: [Ohio TALK](#)
- Weblink: [Ohio Adolescent Health Partnership](#)

[Supporting Student Mental Health: WI's Approach to Trauma Sensitive Schools \(2018\)](#)

Hosted by: The U.S. Department of Health and Human Services, Office of the Assistant Secretary for Health's Region 5 Adolescent Health Network, in partnership with the WI Department of Public Instruction (DPI), University of MN - State Adolescent Health Resource Center, and the Wisconsin Department of Health Services. **Description:** Exposure to traumatic events in childhood is extraordinarily common. By becoming a trauma-sensitive school (TSS), schools can become a protective factor for these students and increase the social and emotional and academic skills of the entire school body. This webinar described how Wisconsin DPI has used implementation science to strategically and thoughtfully support schools to become trauma-sensitive to prevent and mitigate the impacts of traumatic exposure on youth. It presented the philosophy of the TSS lens, the TSS theory of change, and showcase a free Online Professional Development System that helps support schools as they embark on the transformative process of becoming a TSS. Participants learned about the free online system, current outcome data, and ideas for implementing within their systems. **Presenter:** Elizabeth Cook, Ed. S, School Psychology Consultant, WI Department of Public Instruction.

- [Audio Recording](#)
- [Slide Deck](#)
- [Wisconsin DPI Trauma-Sensitive Schools Online Professional Development System](#)

[Screening for Adolescent Mental Health and Depression: Implementing universal screening and referral in annual preventive visits \(2018\)](#)

Hosted by: The U.S. Department of Health and Human Services (DHHS) Office of the Assistant Secretary for Health's Region 5 Adolescent Health Network, in partnership with the Minnesota Department of Health, University of MN - State Adolescent Health Resource Center, and the Minnesota Chapters of the American Academy of Pediatrics and Academy of Family Physicians. October 11th is National Screening for Depression Day. **Description: This webinar:** Addressed current recommendations for mental health screening, with a focus on adolescents and young adults; Highlighted standardized screening instruments and discussed addressing positive screens, including the practice of warm referral; Described how Minnesota supports mental health screening in primary care through Medicaid Early and Periodic Screening, Diagnostic and Treatment (EPSDT) provider requirements, clinical quality measures, and referral resources; and, Pointed to federal resources related to adolescent depression and screening. **Presenters:** Katy Schalla Lesiak, MSN/MPH, APRN-CPNP, Child and Teen Checkups (EPSDT), Minnesota Department of Health; and JoAnne Hoffman Jecha, MD, Pediatrician at South Lake Pediatrics.

- [Audio recording](#)
- [Slide Deck](#) (note: All links embedded in slides are included in the below Resource document)
- [Youth Depression and Suicide Prevention Resources and Host Information/Resources](#)

RELATED BEST PRACTICES

[Navigating the Health Care System Curriculum - A Conversation with Nemours Children's Health System and State Adolescent Health Coordinators \(SAHCs\) \(2018\)](#)

Navigating the Health Care System Curriculum (NTHCS) is a free, evidence based curriculum for high school age youth, available from Nemours Children's Health System. In response to discussion with and questions from SAHCs regarding who is implementing the curriculum, venues where it is being used, and how state level partners are implementing at the local level, SAHCR and Nemours hosted a tailored discussion for SAHCs and their colleagues helping them think about how to use the curriculum.

- [Archived video/audio recording](#)
- [Slide Deck](#)
- [Nemours Healthy Living and Learning Resources](#) (general resources available in addition to NTHCS)
- [Journal of School Health](#) article focused on Navigating the Health Care System development and evaluation
- [Pediatrics](#) article focused on Promoting Health Literacy for Children and Adolescents (in general)

[Improving Adolescent Centered Care: Training Your Team When You Don't Have the Time or Resources for Training \(2018\)](#)

Health practices across the country have limited time for staff and provider training. That's why the University of Michigan **Adolescent Health Initiative** created **Sparks**. Sparks are free, pre-packaged mini-trainings on a variety of adolescent health topics, designed to be delivered at team meetings in 15-30 minutes. Join SAHRC and the presenters from the Adolescent Health Initiative the following events to get acquainted with SPARKS and learn more how you can use it.

- [January 23, 2018, Sparks for Health Departments, Program Directors and State Adolescent Health Coordinators, Archived Recording](#)
- [February 1, 2018, Sparks for Providers and Healthcare staff, Archived Recording](#)
- [University of Michigan Adolescent Health Initiative \(AHI\)](#)
- [Series PowerPoint - How to Spark](#)

SAHRC is located in the University of Minnesota's Division of General Pediatrics and Adolescent Health. SAHRC is a partner of the [Adolescent and Young Adult Health National Resource Center](#) (AYAH NRC). This webinar series was supported by the Maternal and Child Health Bureau, Health Services and Resources Administration, USDHHS cooperative agreement U45MC27709, Adolescent and Young Adult Health Capacity Building Program. The contents of webinar events are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.



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